

# HUNGARY – COUNTRY INSIGHT

## 01 NATIONAL STRATEGIES

Title of strategy	Year	Author	Themes
National Old-age Policy (Strategy Parliament Resolution 81/2009 (X.2.))	2009	Ministry of Human Capacities	Community and Volunteerism, Social Inclusion
T.E.S.I. 2020 Strategy (National Strategy on Physical Education)	2016	Ministry of Human Capacities, Hungarian School Sport Federation	Education
National Standard Programme for Pre-school (Kindergarten)	2012	Ministry of Human Capacities	Health and Wellbeing, Play and Physical Literacy
"I believe in you" Sport Programme	2016	State Secretariat for Sport, Hungarian Leisure Sport Association, National Federation of Sport Clubs	Health and Wellbeing, Social Inclusion
National Disability Program 2015-2025	2015	Ministry of Human Capacities	Social Inclusion
National Cycling Programme (2014-2020)	2014	Ministry of National Development	Economic Impact and Resources, Health and Wellbeing, Active Cities
National Sport Strategy 2007-2020	2007	Ministry of Human Capacities, State Secretariat for Sport	Health and Wellbeing

Hungary's comprehensive health screening program	2010-2020-2030	Association of Hungarian Medical Companies and Associations	Health and Wellbeing
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## 02 PRACTICAL INITIATIVES

Title of strategy / event / programme / campaign	Year	Author	Short description
<b>Community &amp; Volunteerism</b>			
<a href="#">World Challenge Day</a>	1991	TAFISA, Hungarian Leisure Sport Association	Challenge Day is one the most popular grassroots sport events of Hungary. On the last Wednesday of May thousands of people join to the local sport events of the program to be active for at least 15 minutes. The participants can take part in various categories which are all based on communities (cities, workplaces, sport organizations, fire fighters etc.)
<a href="#">Family Sport Festival</a>	2015	Hungarian Leisure Sport Association	The Family Sport Festival is the official warm up event of the European Week of Sport. This multi sport festival offers almost 100 sport activities and it also creates bridges between generations: children, parents, grandparents can have fun at the same event! The organizers of the festivals are supported by volunteers every year.

**Environment**

<a href="#">Sport for All and the Environment (SforAE)</a>	2018 - 2019	RECAL Foundation, local partner : Hungarian Leisure Sport Association	The Sport for All and the Environment (SforAE) project was a 18 months long Erasmus+ collaboration which focused on the environmental friendly approach of <i>Sport for All</i> including relevant sport events from 4 countries, also from Hungary. A special guideline was also created by the project partners to summarise the best practices in the field of echo friendly sport organizing.
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**Health & Wellbeing**

<a href="#">European Week of Sport</a>	2015	European Commission, national coordinator : Hungarian Leisure Sport Association	The European Week of Sport aims to promote sport and physical activity across Europe at national, regional and local levels at the end of September. Hungary is also really active in the program: thanks to committed local partners and enthusiastic event organizers hundreds of #BeActive sport events are organized every year. The participation at the events are mostly free of charge, so basically everyone has the opportunity to join some exciting program during the Week.
<a href="#">Senior Sport Festival</a>	2004	Hungarian Leisure Sport Association	The Senior Sport Festival is a really unique multisport event focusing on the Hungarian senior society (elderly people over 60 years). The yearly festival offers plenty of sport activities for the participants who are coming from different regions of the country.
<a href="#">Senior Movement</a>	2020	Hungarian Leisure Sport Association	The pandemic situation caused by the coronavirus raises the attention for the need of a healthier and more fit senior age group, who are at utmost danger by this virus. Therefore HLSA launched the so called „Senior Movement“ project which is an online training session for seniors everyday at 8am and 4pm on

			HLSA's website. The 15 and 30 minutes long video trainings are provided by experts on the field, various training levels are ensured, so everyone is invited to join the movement at home.
<b>Social Inclusion</b>			
<a href="#">Cegléd "Raging" Championship</a>	2013	Pest County Leisure Sports Association	Cegléd is facing lot of challenges due to the social and infrastructural problems of the town. The Cegléd "Raging" Championship program showed that football can be a great tool to bring life back to almost forgotten housing estate areas with asphalted sport courts, and it also helps to strengthen the integration of less privileged into the local community. The main idea of the championship is giving inspiration to everyone to create teams to use these old public spaces again, to be active together regardless of social background, and to create new friendships through the games.
<a href="#">Open Gyms Programme</a>	2004	Fejér County Leisure Sports Association	The Open Gyms Programme is a unique initiative that has been running successfully since 2004 and provides free of charge recreational sport opportunities to inhabitants of the town of Székesfehérvár.
<a href="#">#BeActive Roadshow</a>	2018	Hungarian Leisure Sport Association	Special trainings for workplaces, senior care homes and disadvantaged groups within the frame of the European Week of Sport provided by experts on the field (senior gymnastics, nordic walking, street work out etc.).
<b>Active Cities</b>			
<a href="#">Budapest European Capital of Sport 2019</a>	2019		Every year since 2001, Europe has chosen a country to give the title of Europe's Capital of Sport. Conditions are at least 500,000 residents, the city must arrange at least 365 sport events in a given year, including local, community, regional, national and international competitions. In 2019 Budapest has been

			chosen to be the Capital, so this year was full of exciting grassroots sport events in the city.
<a href="#">National Sport Park Program</a>	2016	BMSK- National Sport Centres, Ministry of Human Capacities	This infrastructural development program aims to create new sport spaces in Hungary. The whole program is based on an application system: municipalities and entrepreneurs can apply for support to create sport parks, courts, multifunctional street sport equipments etc. This way the initiative is a great catalyst of future sport for all opportunities.
<a href="#">Budapest Urban Games (BUG)</a>	2016	BUG Community	BUG is an attractive street sport olympia in Budapest. The competitions are aimed at raising the attention to the idle values of the town. This urban competitions organized together with and for the benefit of certain sporting communities, but they are also accessible to the public. For the former group the target is to provide a venue and a possibility to compete against each other, while for the latter it is about the challenge and the integration into communities.
<a href="#">#BeActive Night</a>	2018	Hungarian Leisure Sport Association	This multisport event is the highlight of the European Week of Sport. Around 25 sport activities are available for the participants for free. Everyone can find some exciting spots at the indoor and outdoor venues, in the swimming hall, or on the ice rink. The main event takes place in Budapest but other cities also join to organize local #BeActive Nights.
<a href="#">Night of Movement</a>	2014 - 2019	Nagy Sportágválasztó BBU Nonprofit Ltd.	A spectacular free of charge night festival features 16 traditional and special sports activities in the company of professional coaches and champions.

### Cultural Heritage & Diversity

<a href="#">World Walking Day</a>	1999	TAFISA, Hungarian Leisure Sport Association	The World Walking Day is an international TAFISA initiative in October which promotes healthy lifestyle by walking events from all over the world. The Hungarian version is an extended, one-month long program with hundreds of joining events. These walking tours have cultural heritage aspects as well since they should be organized around historical sightseeings or geographical attractions.
<a href="#">National Nordic Walking Program</a>	2009	Hungarian Leisure Sport Association	The national program to promote nordic walking across Hungary. It includes the so called NOWATHLON tournament which is a special nordic walking game with additional playful excercises.

### Economic Impact & Resources

<a href="#">Above the Bar Qualification System</a>	2011 - 2018	Hungarian Leisure Sport Association	The "ABOVE THE BAR" Qualification System primarily aims at developing the professional level of leisure sport and other events, guaranteeing proper quality in order to ensure that participants attending the events spend their free time under well organized conditions: so that the "ABOVE THE BAR" qualification is the guarantee of high quality for them. Event organizers could become interested as well, since state supports for sport events could be also granted according to the qualification rates of the system. The concept is ready to be implemented in practice.
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### Education

<a href="#">Sport for All Conference</a>	1991	Hungarian Leisure Sport Association	The yearly conference of HLSA is a key event of the Hungarian sport for all community where the representatives of the member organisations can be
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			informed about the actual news of the sport for all life. The conference is also open for anyone who wish to know more about the current grassroots sport trends and projects.
<a href="#">#BeActive Forum</a>	2018	Hungarian Leisure Sport Association	The #BeActive Forum is the main evaluation conference of the European Week of Sport for the involved event organizers and other partners of the program. It is also an important networking platform where the participants can build new friendships and partnerships in the field of sport for all.
<a href="#">Nordic Walking Course</a>	2010	Hungarian Leisure Sport Association	The yearly Nordic Walking course of HLSA is the main educational platform for the newcomer nordic walking instructors. The course provides theoretical and practical knowledge for the instructors who can become new sport organizers in their local environment. This way, these courses contribute to re-fresh the sport for or all life on the local level.

### Gender Equality

<a href="#">Women Sport Festivals</a>	1999-2015	Hungarian Leisure Sport Association	The so called Women Sport Festival was a remarkable event which focused on the involvement of women in sport. Later on, the event addressed not only women but families as well, so it became an exciting transgenerational program. In general, (gender) equality was always an important goal of HLSA most of their events are open for everyone.
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### Play & Physical Literacy

<a href="#">Hungarian/European School Sport Day (ESSD)</a>	2005-2015	Hungarian School Sport Federation	The European School Sport Day (ESSD) is a school day every September dedicated to having fun, playing together and promoting physical activity and health for students. It is a celebration which provides the opportunity for schools to: <ul style="list-style-type: none"> <li>- Raise the profile of physical education (PE) and school sport.</li> <li>- Create fun and enjoyment through physical activity initiatives for young people.</li> </ul>
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			<ul style="list-style-type: none"> <li>- Promote health and wellbeing for lifelong learning.</li> <li>- Foster social inclusion and develop social competences among their students.</li> <li>- ESSD is inspired by the Hungarian School Sport Day; an event which has been organised by the Hungarian School Sport Federation for many years.</li> </ul>
<a href="#">Traditional Games Activities</a>	1990	Members of the Hungarian Leisure Sport Association	The local members of HLSA held various kinds of traditional sport activities regularly. These events are mostly free of charge so many people can join and play these games. HLSA also promotes the Hungarian folk games at the TAFISA Sport for All Games.