

# POLAND – COUNTRY INSIGHT

## 01 NATIONAL STRATEGIES

Title of strategy	Year	Author	Themes
Act on Sport	2010	Ministry of Sport and Tourism (now Ministry of Sport)	Health and Wellbeing
Sport Development Program 2020 (DSP 2020)	2015	Ministry of Sport and Tourism (now Ministry of Sport)	Health and Wellbeing, Social Inclusion
Implementation plan of the DSP 2020	2015	Ministry of Sport and Tourism (now Ministry of Sport)	Health and Wellbeing, Education, Governance, Leadership and Integrity
National Health Program 2016-2020	2016	Ministry of Health	Health and Wellbeing
WHO summative fact sheet on national policies and strategies	2018	WHO	Health and Wellbeing, Environment, Active Cities, Social Inclusion

## 02 PRACTICAL INITIATIVES

Title of strategy / event / programme / campaign	Year	Author	Short description
<b>Community &amp; Volunteerism</b>			
From volunteer to sports leader	2011	Ministry of Sport	An expert conference organized as part of the Polish Presidency 2011, its aim was to promote sports volunteering as one of the most popular forms of social activity
Sports Volunteering 2012+	2009 - 2012	Social Project 2012 of the University of Warsaw	The initiative with aim to act for the development of sports volunteering in Poland. The group of experts initiated to take advantage of the opportunities that the European Year of Volunteering 2011, the Polish Presidency of the Council of the European Union, as well as preparations for the UEFA EURO 2012 European Football Championship for the development of volunteering in general, and sports volunteering in particular.
<b>Cultural Heritage &amp; Diversity</b>			
RecreaOlympic	2016	University of Physical Education Warsaw	<p>An international event carried out on 10 September 2016 as implementation of a project co-financed by the European Union under the Erasmus + Sport program. Project partners were from of Poland, Denmark, Germany, Slovakia, Lithuania and Czech Republic.</p> <p>It was a mass sport event in the city centre with participation of local citizens and international guests.</p>

<a href="#">Olympic Picnic</a>	Annual Project since 2000	Polish Olympic Committee	The Olympic Picnic is one of the largest and most popular recreational sports event organized annually in the country. The goal of it is to promote Olympic values by organizing sport presentation and meetings with top national athletes – former and present Olympians. The event promotes healthy lifestyle, the ideological and educational values of sport as well as the heritage of the Olympism.
--------------------------------	---------------------------	--------------------------	--

**Economic Impact & Resources**

<a href="#">Sport Satellite Account</a>	2006 - 2012	Institute of Official Statistics , Central Statistical Office . University of Warsaw	The reports present the methodology and quantitative results that enable to determine the importance of the sports sector in the national economy and how sport is generating a significant share of the Gross Domestic Product, value added and employment.
Report on the social benefits of investing in sport in relation to the incurred costs	2016	INSTITUTE FOR STRUCTURAL RESEARCH	The report covers the assessment of the costs of physical inactivity in society, and also includes a simulation in the form of an application that can be used to estimate the impact of increasing physical activity in the population on the costs of the public health sector and the labour market.

**Education**

<a href="#">Program "School Sport Club"</a>	2017 - 2020	Ministry of Sport	The programme is dedicated to school students. The aim is to offer an additional physical activity in the form of additional sports and recreational activities lead by physical education teacher. The goal of the Program is to promote a healthy and active lifestyle among children and adolescents .
---	-------------	-------------------	---

Organization of sports activities for students financed by the Fund for Sports Activities for Students	Annual program since 2002	Ministry of Sport	National program financed from the dedicated Fund (funds from the low-alcohol drinks advertisements) dedicated to 3 tasks: -swimming education -winter sport promotion - corrective and compensatory gymnastics
CERTIFICATION OF FOOTBALL SCHOOLS	2020	Ministry of Sport	National project aimed at entities providing training for children aged 5-13 in the field of football, the most popular sport in Poland. Its goal is to raise and standardize the level of training methods for children and youth.
<a href="#">Health Behaviours in School-aged Children -report</a>	2010 - 2014	Institute of Mother and Child , Report ordered by the Ministry of Sport	It is an international (WHO) study. The questions concern health outcomes, health-related behaviours (healthy and risky) and the social context of growing up (the family, school and peer environment).
<b>Gender Equality</b>			
Women and Sport in Europe Seminar	2015	Ministry of Sport and Tourism Polish Olympic Committee International Olympic Committee	International seminar focusing on women engagement in sport sector. Main message: women should to be more active in the public space, develop new skills and interests and strengthen their role in sport
Women Sport Commission		Polish Olympic Committee	Commission promoting sport and Olympic values among women. It supports women in efforts to become board members in sport organization, organizes the annual contest for best women coach.
<b>Governance, Leadership &amp; Integrity</b>			
<a href="#">Good Governance Code for Polish Sports Federations</a>	2017	Ministry of Sport	Guidebook with recommendations and good practices for the boards of the sport federations. The Code contains over 180 specific guidelines applying to various thematic areas. Some of the guidelines are only soft recommendations and some are mandatory.

<a href="#">Sport Management Academy</a>	Since 2018	Institute of Sport - National Research Institute	The aim of the Academy is to comprehensively develop qualifications in the field of organization, management and marketing in Polish sports associations and, consequently, to support the professionalization of Polish sport.
<b>Peace Development &amp; Partnership</b>			
Etnoliga	Since 2003	Fundacja dla Wolności <i>Foundation for Freedom</i>	Etnoliga is a society and the system of football games organized by people of various ethnic origins. Its goal is to support an open society that respects all people equally, regardless of origin, color, gender or religion. It promotes the diversity of cultures and worldviews as well as integrate the groups in society.
<b>Play &amp; Physical Literacy</b>			
Open Active Zones	2018 - 2019	Ministry of Sport	The national program of building an accessible and inclusive outdoor infrastructure for individuals and families of all ages. It consists of an outdoor gym, a recreational zone and active playgrounds. The main objective of the initiative is to create the necessary environmental conditions to enable progress towards a more active and healthy society.
<a href="#">National Talent Base</a>	Since 2017	Ministry of Sport	The National Talen Base is an internet tool to monitor the physical condition of children and youth. All teachers, coaches as well as parents may submit the standardized sport test results of their children