

SLOVAKIA – COUNTRY INSIGHT

01 NATIONAL STRATEGIES

| Title of strategy | Year | Author | Themes |
|---|------|---|---|
| <u>Act on Sports</u> | 2015 | Ministry of Education, Science, Research and Sport of the Slovak Republic | Requires regional and local authorities to develop their own Conceptions of Sports. Health & Well-Being (sport in schools, more opportunities for the population to be physically active), Infrastructures, Inclusion (more sport opportunities for people with a disability), Financing, Elite sports. |
| <u>Conception of State Policy in the Field of Sport - Slovak Sport 2020 (2012 - 2020)</u> | 2012 | Ministry of Education, Science, Research and Sport of the Slovak Republic | Sport for people with disabilities, education in the field of sport, science and research, elite sports, funding, international cooperation, Healthy and active society (sport in schools, in universities), funding, good representation of Slovakia |

02 PRACTICAL INITIATIVES

| Title of strategy / event / programme / campaign | Year | Author | Short description |
|---|-------------|--|--|
| Gender Equality | | | |
| <u>Conception of State Policy in the Field of Sport - Slovak Sport 2020 (2012 - 2020)</u> | 2012 | Ministry of Education, Science, Research and Sport | Sport for people with disabilities, education in the field of sport, science and research, elite sports, funding, international cooperation, Healthy and active society (sport in schools, in universities), funding, good representation of Slovakia |
| Health & Wellbeing | | | |
| <u>Campaign - "Challenge your heart to motion"</u> | Since 2011 | Regional public health authorities | Encourages the population to include at least 30 minutes of physical activity into their daily leisure time and to lead healthier lives. |
| <u>Olympic Versatility Badge</u> | 2019 | OC Slovakia | In cooperation with school teachers. Develop physical abilities of children and show them the benefits of PA in terms of mobility and health. |
| Play & Physical Literacy | | | |
| <u>Open Active Zones</u> | 2018 - 2019 | Ministry of Sport | The national program of building an accessible and inclusive outdoor infrastructure for individuals and families of all ages. It consists of an outdoor gym, a recreational zone and active playgrounds. The main objective of the initiative is to create the necessary environmental conditions to enable progress towards a more active and healthy society |

| | | | |
|--|------------|---|--|
| National Talent Base | Since 2017 | Ministry of Sport | The National Talen Base is an internet tool to monitor the physical condition of children and youth. All teachers, coaches as well as parents may submit the standardized sport test results of their children. |
| Environment | | | |
| National project « To Work on a Bicycle » | 2015 | Ministry of Transport and Construction of the Slovak Republic | The project has been implemented in the form of a campaign and competitions annually announced by the Ministry. Public can apply to take part in competition by registering in the application on the Internet. It ensures collection of results expressed in km ridden on bicycle by the applicants and eases comparison of achievements on the regional level. |
| Social Inclusion | | | |
| Project « Young Athletes Special Olympics » | 2018 | Special Olympics Slovakia | It is a sports and entertainment program for children with or without mental disabilities, aged 2 to 12 years, with aim to support social inclusion. It teaches all children basic sports skills, as well as to play together, understand and respect each other in the spirit of cooperation and tolerance. It offers families, teachers, communities the opportunity to share the joy of sports and belonging with all children. For this purpose it is available a brochure contains a methodology and guidance in organising joint PA activities |
| Cultural Heritage & Diversity | | | |
| The system of marking nationwide network of tourist trails in mountains and forests. | Since 1990 | The Slovak Tourist Club (KST)* | Along with active tourism KST deals with maintenance and renewal of signs marking tourist trails in mountains and forests nationwide to ease orientation in nature and motivate people to do outdoor leisure activities. It also takes care for updating tourist maps and training personnel responsible for marking tourist routs. |

| | | | |
|---|------|--------------------------|--|
| | | | This unique system of specific tourist signs and way of marking tourist trails in Slovakia is based on the 100-year-old tradition of the touristic movement in Czechoslovakia and can be regarded as a national cultural heritage. |
| Economic Impact & Resources | | | |
| National Project : « Testing of movement preconditions of primary schools pupils » (1. and 3. grades) | 2016 | National Sport Centre | The aim is to assess children’s motor skills level based on systematic testing of primary school aged children (1st and 3rd grade). The assessment of results, issued in form of “certificate”, can be used as useful information for parents on child’s natural-born physical predisposition, talent or preference to certain sports or PA. This can help children and their parents to “find” most appropriate sports or PA for them to perform in spare time. |
| Education | | | |
| <u>The National Project : « Increasing Qualification of PE Teachers »</u> | 2013 | National Sport Centre | It is a project of continuing education for teachers at the first stage of primary schools, respectively for lower and higher secondary education teachers without PE qualification. The main aim is to help them to increase their qualification and expand skills in teaching PE with emphasis on the innovative pedagogical methods and forms in order to make PE lessons more attractive and motivating for children and youth. |
| Governance, Leadership and Integrity | | | |
| <u>“It’s up to you. Say to doping “No”</u> | 2016 | Slovak Antidoping Agency | The media campaign launched under the headline “What I gave you, you will return me once” wants to draw attention to doping in sport and its harmful consequences on human health. Its main aim was to raise awareness especially among young athletes, but also among general public and recreational sportspeople. Campaign was supported by several most successful and famous Slovak athletes. |