

TURKEY – COUNTRY INSIGHT

01 NATIONAL STRATEGIES

Title of strategy	Year	Author	Themes
Bicycle Roads Regulation	2020	The Republic Of Turkey Ministry Of Environment And Urbanization	Environment, Active Cities
Eleventh Development Plan (2019-2023)	2019	Presidency of Republic of Turkey	Economic impact and Resources, Health and Well- being
Multisectoral Action Plan of Turkey for Noncommunicable Diseases 2017-2025	2017	The Republic Of Turkey Ministry Of Health	Health and Well-being
National Youth and Sport Policy Document	2013	The Republic Of Turkey Ministry Of Youth And Sports	Health and Well-Being, Social Inclusion, Governance, Leadership and Integrity, Peace, Development and Partnership
Obesity prevention and control programme of Turkey 2010 – 2014	2010	Ministry of Health of Turkey	Health and Well-being
Physical activity guide for adults with chronic diseases	2019	Ministry of Health, General Directorate of Public Health, Department of Healthy Nutrition and Active Life	Economic impact and Resources, Health and Well- being, Social Inclusion
Physical activity guide for children and adolescents with chronic diseases	2019	Ministry of Health, General Directorate of Public Health,	Health and Well-being, Social Inclusion, Gender Equality

		Department of Healthy Nutrition and Active Life	
The dietary guidelines for Turkey	2004 (update in 2015)	The Republic Of Turkey Ministry Of Health	Health and Well-being
Turkey Physical Activity Guide	2017	The Republic Of Turkey Ministry Of Health	Health and Well-Being, Social Inclusion

Other sport governing bodies: School of health sciences

02 PRACTICAL INITIATIVES

Title of strategy / event / programme / campaign	Year	Author	Short description
Community & Volunteerism			
Young volunteers	2013	The Republic Of Turkey Ministry Of Youth And Sports	Opportunities for young people to serve voluntarily.
Volunteering in School Sport (Easmus + project)	2018 - 2020	Turkish School Sport Federation	24 young volunteers from 6 countries are trained in various countries and at international events.
Environment			
Bicycle Roads Regulation	2020	The Republic Of Turkey Ministry Of Environment And Urbanization	Procedures and principles regarding the planning, projecting and construction of bicycle paths and bicycle parking stations in order to ensure that the bicycle can be used for purposes such as transportation, excursion and sports.
Health & Well-being			
Healthy nutrition and active life programme	2014 - 2017	Ministry of Health	Increase the knowledge of the population and the adoption of healthy habits to decrease the prevalence of obesity and obesity-related diseases such as diabetes.

Run While You Can Run project	2012	The Republic Of Turkey Ministry Of Youth And Sports	The project consists of conscious sports in sports fields, training in different sports branches as leisure activities and health screening.
We are on the move	2017 - now	Turkish Sport For All Federation	Increase the life quality of individuals of all ages, to transform this into a lifestyle and to make an important contribution to the sportive development of our country.
His App	2017	Turkish Sport for All Federation	Application for citizens of all ages and segments who can't go to the gym for several reasons offers programme totally free of charges and adapted to anyone.
Social Inclusion			
Disabled Person Provincial Sport Center Programme	2013- now	The Republic Of Turkey, Ministry Of Youth And Sports	Persons with disabilities can benefit free of charge or with reduced fees from the sports facilities and activities of 81 Provincial Directorates of Youth and Sports and autonomous or non-autonomous federations.
Active Cities			
Active city Karşıyaka is on move	2016	Municipality of Karşıyaka	Alternative means of transportation to cars and the use of bicycles are encouraged in organizations, awareness regarding the importance of active and active life is increased.
Sport For All Days	2017 - now	Turkish Sport For All Federation	A large number of sports equipment and gifts are distributed in the events where many different sports events, professional sports shows, street games and activities suitable for all ages are held.

Coaches overcome obstacles	2014	The Republic Of Turkey Ministry Of Youth And Sports	Coach training courses in various provinces in cooperation with universities and relevant federations.
Sports Culture and Olympic Education Programme	2006	Turkish Olympic Committee's	The initiative promotes sporting values and the Olympic spirit among elementary students in Turkey. It encourage them to take part in physical activities and thus contributing to their healthy development physically, mentally and socially.
Peace, Development & Partnership			
I'm the joy of my school, I'm the fair play ambassador	2017 - 2018	Turkish School Sports Federation, Turkish Sport for All Federation, Afyon Kocatepe University	18 volunteer sports envoys reached 5336 students in 22 different village schools in Afyonkarahisar province and explained them the virtues in sports and moral athletes with interactive presentations and various applications.
Governance, Leadership & Integrity			
Peace country Turkey "The rewards of friendship"	2018	Turkish Sport For All Federation	
Play & Physical Literacy			
Sportive Talent Screening and Direction to Sport Project	2018	The Republic Of Turkey Ministry Of Youth And Sports	Spread sports culture, to contribute to the physical literacy development of children.

Active Kids		Turkish Olympic Committee	ActiveKids provides children with access to sport within their own community. skills that will have a positive.
-------------	--	---------------------------	---